

## Dexter High School Freshmen 2009 Season Lift A Thon

	Oct Actual	June Goal	June Actual	Aug Goal	Aug Actual	Oct Actual	June Goal	June Actual	Aug Goal	Aug Actual	Oct Actual	June Goal	June Actual	Aug Goal	Aug Actual
Name	Squat	Squat	Squat	Squat	Squat	Bench	Bench	Bench	Bench	Bench	C & J	C & J	C & J	C & J	C & J
Bell, Anthony			153	173				135	135			114		124	
Bellottie, Barndon															
Birmingham, J.P.			90x17	153				80x3	83			65x10		85	
Bryant, Dalton															
Calhoun, Rayn				188				105	105			100		123	
Carder, Justin				188					114					105	
Coy, Wesley															
Esposito, Anthony			201	257				173	178			128		146	
Grafton, Andrew			160	185				109	124			65x16		97	
Grainger, DJ(Roland)															
Greve, Matthew															
Haas, Dean			95					90x3				65x10			
Hafner, Eddie			135	188				80x3	105			65x10		107	
Hallway, Alex															
Harro, Joe															
Hayter, Luke															
Hoang, Andrew															
Kaston, Matt			95x2					88							
Kellenberger, Brandon			100	118					109					85	
McDonough, Ryan															
McWilliams, Andy			171	169				142	137			114		119	
Mellifont, Nate															
Milkey, Andrew			135					105				100			
O'Keefe, David			147	188				133	153			100		119	
Omer, Trevor			144					125				109			
Parks, Michael															
Paton, Aaron															
Ratliff, Travis															
Rich, Jake				120					120					105	
Richardson, Drew				146					90					84	
Schwart, Andrew															
Svakus, Daniel															
Trinkle, Jason			180	188				142	159			184		140	
Wilson, Devin															
Wing, Nate				95					114					119	
Yates, Matt			223	253				163	180			132		135	
Young, Ethan			95	78				80	80			55x16		75	